

# State by State Calling Restrictions

## CALLING TIME AND DAY RESTRICTIONS

Federal law allows businesses to make telemarketing calls between 8am and 9pm at the called party's location. This chart outlines state rules that are more restrictive than federal rules.

| STATE                | MON-FRI                          | SAT                              | SUN                                 | HOLIDAYS        |
|----------------------|----------------------------------|----------------------------------|-------------------------------------|-----------------|
| <b>Alabama</b>       | 8am - 8pm                        | 8am - 8pm                        | <b>No Calls</b>                     | <b>No Calls</b> |
| <b>Connecticut</b>   | 9am - 9pm                        | 9am - 9pm                        | 9am - 9pm                           |                 |
| <b>Illinois</b>      | 9am - 9pm<br>(prerecorded calls) | 9am - 9pm<br>(prerecorded calls) | 9am - 9pm                           |                 |
| <b>Kentucky</b>      | 10am - 9pm                       | 10am - 9pm                       | 10am - 9pm                          |                 |
| <b>Louisiana</b>     | 8am - 8pm                        | 8am - 8pm                        | <b>No Calls</b>                     | <b>No Calls</b> |
| <b>Massachusetts</b> | 8am - 8pm                        | 8am - 8pm                        | 8am - 8pm                           |                 |
| <b>Michigan</b>      | 9am - 9pm                        | 9am - 9pm                        | 9am - 9pm                           |                 |
| <b>Minnesota</b>     | 9am - 9pm                        | 9am - 9pm                        | 9am - 9pm                           |                 |
| <b>Mississippi</b>   | 8am - 8pm                        | 8am - 8pm                        | <b>No Calls</b>                     | <b>No Calls</b> |
| <b>Nevada</b>        | 9am - 8pm                        | 9am - 8pm                        | 9am - 8pm                           |                 |
| <b>New Mexico</b>    | 9am - 9pm                        | 9am - 9pm                        | 9am - 9pm                           |                 |
| <b>Oklahoma</b>      | 9am - 9pm<br>(prerecorded calls) | 9am - 9pm<br>(prerecorded calls) | 9am - 9pm<br>(prerecorded calls)    |                 |
| <b>Pennsylvania</b>  | 9am - 9pm<br>(prerecorded calls) | 9am - 9pm<br>(prerecorded calls) | 1:30pm - 9pm<br>(prerecorded calls) | <b>No Calls</b> |
| <b>Rhode Island</b>  | 9am - 6pm                        | 10am - 5pm                       | <b>No Calls</b>                     | <b>No Calls</b> |
| <b>South Dakota</b>  | 9am - 9pm                        | 9am - 9pm                        | <b>No Calls</b>                     |                 |
| <b>Texas</b>         | 9am - 9pm                        | 9am - 9pm                        | 12pm - 9pm                          |                 |
| <b>Utah</b>          | 8am - 9pm                        | 8am - 9pm                        | <b>No Calls</b>                     | <b>No Calls</b> |
| <b>Wyoming</b>       | 8am - 8pm                        | 8am - 8pm                        | 8am - 8pm                           |                 |

# State by State Calling Restrictions

## LEGAL HOLIDAYS

To stay in compliance with state laws, pay careful attention to the details. Some holidays are only for specific states, and even specific counties. See *Details in footnotes*.

| HOLIDAY                       | MONTH            | AL <sup>1</sup> | LA <sup>2</sup> | MS <sup>3</sup> | NE <sup>4</sup> | RI <sup>5</sup> | UT <sup>6</sup> | PA <sup>7</sup> |
|-------------------------------|------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| <b>Sundays</b>                |                  | X               | X               | X               | X               | X               | X               | X               |
| <b>New Year's Day</b>         | Jan 1st          | X               | X               | X               | X               | X               | X               | X               |
| <b>Martin Luther King Day</b> | 3rd Mon in Jan   | X               | X               | X               | X               | X               | X               | X               |
| <b>Mardi Gras Day</b>         | (Feb or Mar)     | X <sup>8</sup>  | X               |                 |                 |                 |                 |                 |
| <b>Washington/Lincoln Day</b> | 3rd Mon in Feb   | X               |                 | X               | X               | X               | X               | X               |
| <b>Good Friday</b>            | (Mar/Apr)        |                 | X               |                 |                 |                 |                 | X               |
| <b>Confederate Mem. Day</b>   | Last Mon in Apr  | X               |                 |                 |                 |                 |                 |                 |
| <b>Confederate Mem. Day</b>   | Apr 29th         |                 |                 | X               |                 |                 |                 |                 |
| <b>Memorial Day</b>           | Last Mon in May  | X               | X               | X               | X               | X               | X               | X               |
| <b>Jefferson Davis Day</b>    | Last Mon in June | X               |                 |                 |                 |                 |                 |                 |
| <b>Flag Day</b>               | June 14th        |                 |                 |                 |                 |                 |                 | X               |
| <b>Independence Day</b>       | July 4th         | X               | X               | X               | X               | X               | X               | X               |
| <b>Pioneer Day</b>            | July 24th        |                 |                 |                 |                 |                 | X               |                 |
| <b>Victory Day</b>            | 2nd Mon of Aug   |                 |                 |                 |                 | X               |                 |                 |
| <b>Labor Day</b>              | 1st Mon in Sept  | X               | X               | X               | X               | X               | X               | X               |

# State by State Calling Restrictions

## LEGAL HOLIDAYS CONT.

Refer to the Details footnote section below for variations and specific applications of the holiday calling restrictions.

| HOLIDAY                      | MONTH          | AL <sup>1</sup> | LA <sup>2</sup> | MS <sup>3</sup> | NE <sup>4</sup> | RI <sup>5</sup> | UT <sup>6</sup> | PA <sup>7</sup> |
|------------------------------|----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| American Indian Heritage Day | 2nd Mon in Oct | X               |                 |                 |                 |                 |                 |                 |
| Columbus Day                 | 2nd Mon in Oct | X               | X               |                 | X               | X               | X               | X               |
| Election Day                 | 2nd Tue in Nov |                 | X <sup>9</sup>  |                 |                 | X <sup>10</sup> |                 |                 |
| Veteran's Day                | Nov 11th       | X               | X               | X               | X               | X               | X               | X               |
| Thanksgiving                 | 4th Thu in Nov | X               | X               | X               | X               | X               | X               | X               |
| Acadian Day                  | 4th Fri in Nov |                 | X <sup>11</sup> |                 |                 |                 |                 |                 |
| Christmas                    | Dec 25th       | X               | X               | X               | X               | X               | X               | X               |

## States of Emergency

Louisiana and New York prohibit calling to areas under a state of emergency.

## Details

- <sup>1</sup> If any holiday falls on Sunday, the following day (Monday) is the holiday. If any holiday falls on Saturday, the preceding day (Friday) is the holiday. Ala. Code § 1-3-8(a).
- <sup>2</sup> This chart only includes DNC holidays identified by the Louisiana Public Service Commission. According to the PSC, there are no calling restrictions on other legal holidays (identified in La. Stat. § 1:55). The Governor may declare other holidays.
- <sup>3</sup> In the event any holiday falls on a Sunday, then the next following day shall be a legal holiday. Miss. Stat. § 3-3-7.
- <sup>4</sup> Nebraska does not prohibit calls on Sundays or legal holidays; however, it does restrict the use of prerecorded messages to 1pm to 9om on these days (subject to certain exceptions). Neb. Admin. Code Title 291 Ch. 11 § 3.
- <sup>5</sup> If New Years Day, Independence Day, Veterans Day or Christmas fall on a Saturday or Sunday, the Monday thereafter shall be a legal holiday. R.I. Stat. § 25-1-1.
- <sup>6</sup> If any holiday falls on Sunday, the following day (Monday) is the holiday. If any holiday falls on Saturday, the preceding day (Friday) is the holiday. Utah Code § 63G-1-301.
- <sup>7</sup> The following holidays are those indicated by the Pennsylvania Attorney General's office as "legal holidays." The Governor may declare other holidays, If any Independence Day, Christmas Day, or New Year's Day falls on a Sunday, then the next following day shall be a legal holiday. 7 P.S. 113.
- <sup>8</sup> Recognized in Mobile and Baldwin counties only.
- <sup>9</sup> Recognized only in EVEN number years.
- <sup>10</sup> Recognized in any year a general election of state officers is held.
- <sup>11</sup> By proclamation.

< Nothing in this document constitutes legal advice. You should consult an attorney for guidance on regulatory compliance. >